

A young girl with a joyful expression is the central focus, holding a plate of white rice. She is positioned in front of a traditional mud-brick wall, which is reinforced with wooden poles and dried plant matter. The lighting is natural, highlighting the textures of the wall and the girl's features. The overall scene conveys a sense of community and food security.

# FORTIFIED LENTIL BLEND: INFORMATIONAL RESOURCE

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 **SERV**  
INTERNATIONAL

# IT ALL STARTS WITH FOOD, *but leads to so much more...*

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## WHAT DOES SERV FOOD DO?

- EMPOWERS WOMEN
- BUILDS STRONGER COMMUNITIES
- CREATES JOBS
- PROVIDES EDUCATION
- AIDS DISASTER RELIEF
- SUPPORTS LOCALLY SOURCED PRODUCTS
- SUSTAINS LIFE



# SERV FOOD INGREDIENTS

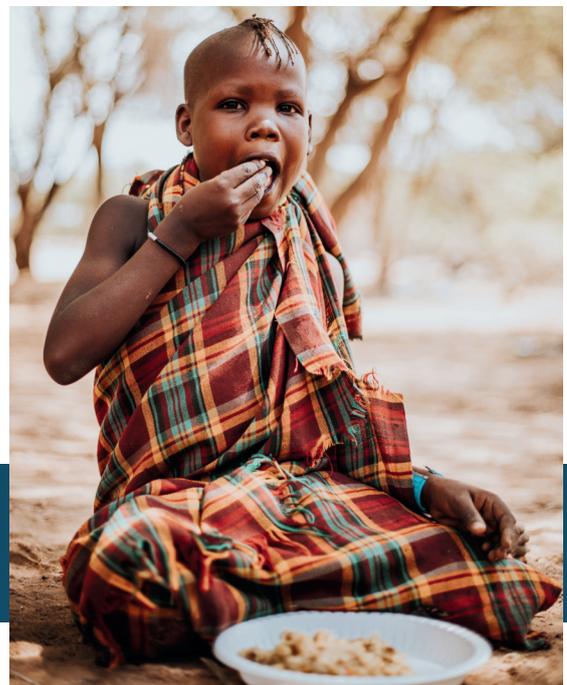
All food is considered Kosher and Halal

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SERV Food is a dehydrated blend of food—licensed in the United States, Kenya Bureau Standards certified, and produced in country.

Each bag of the Fortified Lentil Blend contains the following ingredients:

- Lentils
- Rice
- Enriched Textured Vegetable Protein
- Potatoes
- Carrots
- Onions
- Vitamins
- Minerals and Salt
- Contains Soy



# SERV FOOD

Serving Size dry (1 cup cooked)  
Servings Per Container 50

## Nutritional Facts

### Amount Per Serving

Calories 70      Calories from fat 0

### % Daily Value

**Total Fat** 0g 0%

Saturated Fat 0g 0%  
Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 80mg 3%

**Total Carbohydrates** 13g 4%

Dietary Fiber 2g 10%  
Sugar 1g

**Protein** 4g

**Vitamin A** 10%      **Vitamin C** 2%

**Calcium** 2%      **Iron** 25%

\*Percent Daily Values are based on a 2,000 Calorie diet.  
Your daily values may be higher or lower depending on your calorie needs.

# SERV FOOD

Serving Size dry (1 cup cooked)  
Servings Per Container 50

## Nutritional Facts

		2,000	2,500
Calories			
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g

Standard Specification No	KS 2455:2013
Product Code	4042-1.0

**Ingredients: Lentils, Rice, Enriched Textured Vegetable Protein** (Zinc Oxide, Ferrous Sulfate, niacinamide, calcium pantothenate, pyridoxine hydrochloride (**Vitamin B6**), riboflavin (**Vitamin B2**), thiamin mononitrate (**Vitamin B1**), Vitamin A palmitate, cyanocobalamin (**Vitamin B12**)), **Potatoes, Carrots, Onions, Vitamins and Minerals** (Vitamin B1, Vitamin B3, Vitamin B12, Folic acid, zinc) and **salt**.



# SERV FOOD

## Criteria, Production, & Cost

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SERV has created the following criteria for each meal, including production and cost.

Each shipping container holds *1 Million Meals*

- Each 2.2 pound bag of food contains **50 meals**, which is quantified and nutritionally backed by US agencies.
- Each 1 cup serving provides all the nutrition a child or adult will need for a day to sustain life.
- Each 1 cup serving of food (1 meal) costs **8 cents USD**.
- Each 2.2 pound bag contains **50 meal** servings.
- Each bag of food costs **\$4.00 USD** and each shipping container holds **20,000 bags** of food.
- At a **\$4.00** per bag cost, multiplied by **20,000** bags per shipping container, the total cost would be **\$80,000 USD per million meals**.



# KENYA PRODUCTION

Throughout East Africa—from the bustling slums of Nairobi to the remote desert of Turkana county—SERV International is a lifeline. We provide a life-saving nutritious dehydrated food blend, meticulously crafted with rice, lentils, dehydrated vegetables, protein powder, and essential vitamins. This blend not only sustains lives, but nourishes communities in need—bringing hope where it's needed most.



# JORDAN PRODUCTION

Our approach in the Middle East is tailored to the unique needs of the region. We provide a specialized SERV food blend that caters to nutritional requirements and the taste pallets, alongside hot meals and food boxes containing essential staples. In regions where refugees constitute the majority, we stand with them, offering sustenance and support that goes beyond the plate.



# SERV LOCAL MORE THAN FOOD

SERV Local is a local outreach ministry of SERV International. SERV hosts monthly pack-outs to assemble 1000+ food boxes that are then distributed to families in need throughout Cherokee County, Georgia.



# SERV FOOD

## Transportation Cost

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Depending on the final destination point of partners served, transportation costs will vary.

Each container is packed and shipped from one of our three strategic locations: USA, Nairobi, Kenya, or Jordan. This is a cost of product plus transportation project.





# SERV INTERNATIONAL

*...making a lasting impact*

SERV International is a non-denominational faith based 501(C)3 nonprofit organization based in Canton, Georgia.

SERV has used food as a platform to share the love of Christ since 2000. Since the beginning, SERV has kept its focus on food, but it has led to so much more—including the opening of our House of Hope orphanage in Kenya in 2008. We are intentional in building relationships within our local community, as well as those in some of the most extreme conditions on the planet. And we keep going back—providing clean water, shelter, education, protection from human trafficking, and more.

**READ ON-THE-GROUND  
STORIES AND LEARN  
MORE AT [SERVONE.ORG](https://servone.org)**





**SERV**

INTERNATIONAL